

Mr. Dickey's
BARBECUE
COOKBOOK



Mr. Dickey's BARBECUE COOKBOOK

Recipes from a True Texas Pit Master

Roland Dickey

with

Polly Powers Stramm

photography by **Robert M. Peacock**



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**This book is dedicated to my lifelong partner and brother,
T.D. Dickey Jr. He and I built Dickey's together
for over 40 years without one cross word.
T.D.—See you on the other side.**

Contents





| | |
|--|------------|
| <i>Foreword</i> | <i>8</i> |
| <i>The Dickey's Barbecue Story</i> | <i>10</i> |
| <i>Palate-Pleasin' Appetizers and Salads</i> | <i>19</i> |
| <i>Foot-Stompin' Barbecue and Rubs</i> | <i>45</i> |
| <i>Knee-Slappin' Meat and Seafood</i> | <i>71</i> |
| <i>Great-Tastin' Side Dishes And Veggies</i> | <i>121</i> |
| <i>Eye-Openin' Breakfast and Breads</i> | <i>135</i> |
| <i>Super Delicious Desserts and Drinks</i> | <i>151</i> |
| <i>Index</i> | <i>183</i> |
| <i>Acknowledgments</i> | <i>191</i> |



Foreword

DICKEY'S BARBECUE IS PLENTY MORE THAN JUST TEXAS-STYLE BARBECUE with all the fixin's. Dickey's is the colorful story of a hardworking American family—from Travis Dickey who opened “store number one” in Dallas in 1941 to Roland Dickey Jr. who runs the super-successful operation today. In between, and still very much in the picture, is Roland Dickey Sr., the face of Dickey's and part of the close-knit family that took over the business in the 1960s after their father's untimely death.

Roland Dickey Sr. is truly a one-of-a-kind character who adores cooking and entertaining. He also is quite a raconteur whose wife calls him a cross between Jackie Gleason and Rodney Dangerfield. Perhaps that's why he has appeared on the “Regis and Kelly” show and has starred in knee-slapping YouTube and television commercials with a zany woman nicknamed Edna.

Unbeknownst to him, Roland was cultivating a knack for business while working alongside his mom and dad in the original Dickey's in north Dallas. But like George Bailey, the character in the classic movie “It's a Wonderful Life,” Roland was itching to leave the family business behind for greener pastures. What Roland didn't realize way back when was that happiness—and success—can be found right in your own backyard, as trite as it may sound.

Throughout the pages of this book, Roland tells stories that you'll share at the supper table or entertain your neighbor with over the backyard fence. He offers popular, never-before-published recipes from Dickey's, including Momma's Mac (and cheese), as well as dozens of favorites that were fine tuned in his family's kitchen. In addition to recipes, Roland offers his personal philosophy on cooking (as well as other topics), time-saving tips, and his take on what every smart cook should have on hand in their pantry. Roland also dishes on everything from what kind of wine to drink while cooking to a combination of spices that he reverently calls “the trinity”—onions, bell peppers, and celery.

Roland Dickey's life lessons make this book a must for every kitchen or coffee table. You'll want to get comfortable on the sofa, prop your feet up, leaf through the pages and find out what Roland Dickey has to say next.

—Polly Powers Stramm

